

The purpose of the Montana Recovery Program is to identify and seek means to rehabilitate licensed healthcare professionals, whose practice may be impaired due to chronic physical illness, mental health issues, or substance use disorder, including alcohol. The Montana Recovery Program is not a treatment program, but rather a program of support, monitoring, and accountability. The primary goal of the program is to protect the public.



Services Provided Include:

- Confidential assessment with professional in the field of mental health and/or substance use disorder
- Assessment of treatment needs and referral to appropriate resources
- Development of a recovery plan
- Monitoring of program adherence.
- Encouragement and peer support

Participants may volunteer to enter by self-referring to the program or may be referred by their board through the disciplinary track.



Substance Use Disorder Information

Licensed healthcare professionals are not immune to chronic physical illness, mental health difficulties or substance use disorder. In fact, there may be an even greater risk of such problems due to the availability and accessibility of the drugs in the workplace and the work-related stresses that accompany practice.

Substance use disorder is recognized by experts as a chronic, relapsing disease. Much like cardiac disease, diabetes, or asthma, it is a permanent condition, and when treated and in remission, approximately 65 to 70% of individuals relapse. Treatment followed by supportive monitoring, such as is offered by the Montana Recovery Program, reduces the risk of relapse to less than 20%.



Treatment Provider Responsibilities

- Submit admission to treatment form to Maximus (provided by participant)
- Ensure participant is participating in treatment at the level indicated by the monitoring agreement (provided by participant).
- Submit Treatment Provider Report quarterly:
 - Period of January-March, due by April 15
 - Period of April-June, due July 15
 - Period of July-September, due October 15
 - Period of October-December, due January 15

If participant attends treatment at any time during the treatment period(s), the report is due by day 15 of the month indicated above. For example, if a participant begins treatment in September, a report for September will be due October 15

- Contact the MTRP Case Manager as outlined below.



How and When to Contact the Case Manager

You should contact the Case Manager whenever you identify that the participant engaged in treatment exhibits any of the following:

- Using drugs or alcohol
- Has a positive drug screen
- Demonstrating changes in behavior
- Absent or tardy to treatment sessions
- Leaving treatment against medical advice

Call the MTRP Case Manager at **833.397.7500** within one hour of identifying a problem, or immediately at the start of the next business day.

Explore our website for more information: www.MontanaRecoveryProgram.com.